

Deciphering The Golden Flower One Secret At A Time

Kundalini MusingsHome and FlowersThe Biology of ConsciousnessSeminal Retention and Higher ConsciousnessMore magic, by prof. HoffmannThe Following of the Flowers; Or, Musings in My Flower-garden. (The Language of Flowers.). The OutlookGarden and ForestSuccess with Flowers, a Floral MagazineLuciferGardening IllustratedThe Mystery of the Morgue of ParisA Garden of HerbsFamiliar Garden FlowersWorks . . . Works of Ralph Waldo EmersonAmerican GardeningCountry Life IllustratedGardeningGreat Thoughts from Master Minds JJ Semple JJ Semple JJ Semple Angelo John Lewis Following Charles Sprague Sargent F. Rawlings Eleanour Sinclair Rohde Shirley Hibberd Ralph Waldo Emerson Ralph Waldo Emerson

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kundalini is a biological actuality a primordial energy in every human being that is capable of modifying dna in a single lifetime it s trans national trans cultural and most important trans denominational all of which speaks to a unified cosmology of life that we are really intertwined in so many ways in spite of the self imposed barriers we erect to separate us from each other and from the super consciousness that permeates all of existence if individuals are to achieve self actualization during a single lifetime kundalini will be the gating agent for this evolutionary leap whether it s practicing ancient methods of meditation or newly developed methods kundalini is the trigger meditation may provide the shortest path but there are other means of achieving the same results including cases where individuals do absolutely nothing but are still visited by a spontaneous kundalini awakening the one element all these experiences share across the board is a change in metabolism induced by a process known as sexual sublimation even though in some instances the individuals neither detect nor feel any sexual activity some way or other the subject s metabolism produces a distilled form of sexual energy that gets released into the brain activating kundalini which managed correctly restores health stimulates creative abilities alters negative behavior patterns retards the aging process and expands consciousness normally human growth proceeds in a linear pattern however disease environmental factors biochemical changes can create genetic mutations ultimately modifying dna depending on the type of stimulus these mutations are either beneficial harmful or neutral kundalini awakenings bring about major beneficial mutations in their subjects which get passed along in dna code to the next generation the biology of consciousness examines the idea for physical scientists the hypothesis that consciousness exists outside the body always has and always will it is the driver of evolution among other things what gopi krishna termed the evolutionary impulse

higher consciousness and sexual sublimation diverting sexual energy to the brain are inextricably linked in most of the world s meditation methods so where does seminal retention fit in seminal retention techniques can be used by male

practitioners who want to continue sexual relations without the deleterious effects linked to ejaculating while best meditation practices dictate renouncing ejaculation and sexual relations seminal retention techniques do provide a compromise for males not able or not willing to give up sex in the east people have always known about the connection between higher consciousness and what goes on below the waist seminal retention and higher consciousness the sexology of kundalini explores this connection and its sexological implications first there s a limited amount of semen in the male body neither you nor i can change this it s a biological fact second although you can t replenish what s been lost you can conserve what s left today it s understandable that young vital individuals working on kundalini activation techniques want to maintain a normal sex life formerly the only way to avoid the deleterious physiological effects linked to ejaculation was to avoid sex altogether after activating kundalini that is not acceptable to this generation the sex drive is too powerful to simply put it on the back burner in favor of abstinence or abstention today s seekers want instant gratification free license to ejaculate at will at the same time they pursue higher consciousness fortunately there is a way to reconcile the two a series of seminal retention techniques i discovered after activating kundalini but before revealing these secret techniques let s examine some of the effects various authorities on kundalini had to deal with first gopi krishna writing in 1977 at the present time we can say that perhaps twice a week to once in two weeks would be a safe measure for indulgence in the sexual act this is of absolute importance for those who would like to awaken the serpent power on one occasion after months of abstention i prematurely had a contact with my wife the next moment because the energy did not come up to feed the brain i seemed to sink into a pit of horror and terror so much so that i thought that if nothing happened to save me from this terrible situation i would die people realize these mistakes when they are sixty or seventy years old there have been many cases in which men of advanced age have repented the folly of their youth second before i mastered retention techniques i discovered first hand how much the brain needs the elixir and i wrote about it in deciphering the golden flower one secret at a time my head is imploding and the elixir is being summoned to my brain for life support i curl up in a fetal position to no avail my nerves are like an electrical fire searing the very conduits that enclose them and there isn t enough elixir to cool them certainly if i try to lead a normal sex life i ll simply exhaust my resources i can feel the elixir waning and as gopi krishna put it a tongue of golden flame searching my stomach for food i learned the hard way but you don t have to not if you take the time to master the techniques discussed in this book yes i suffered bouts of physical pain like the ones described above that led me to seek and ultimately find techniques that not only allowed me to continue sexual relations but also allowed me and my partners to experiment with new pleasures in ancient times sex relations and higher consciousness were a no no today seekers want both and they can have them within reason the biology hasn t changed kundalini still needs the energy but if you can control the energy as it surges up the spine into the brain and not allow it to flow out you can navigate the tricky waters between sublimation and ejaculation

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