

Chasing Daylight How My Forthcoming Death Transformed My Life

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must the end of life be the worst part can it be made the best at 53 eugene o kelly was in the full swing of life chairman and ceo of kpmg one of the largest u s accounting firms he enjoyed a successful career and drew happiness from his wife children family and close friends he was thinking ahead the next business trip the firm s continued success weekend plans with his wife his daughter s

first day of eighth grade then in may 2005 gene was diagnosed with late stage brain cancer and given three to six months to live just like that now a growing darkness was absorbing the bright future he had seen for himself he would have to change his plans quickly and capture what he could of his last diminishing days chasing daylight is the account of his final journey starting from the time of his diagnosis and concluded upon his death less than four months later this book is his unforgettable story with startling intimacy it chronicles the dissolution of eugene o kelly s life and his gradual awakening to a more profound understanding interweaving unsettling details of his battle with cancer with his moment to moment reflections on life and death love and success spirituality and the search for meaning it provides a testament to the power of the human spirit and a compelling message about how to live a more vivid balanced and meaningful life inspiring passionate deeply insightful chasing daylight is a remarkable man s poignant farewell to a beloved world

the new york times bestseller chasing daylight is the honest touching and ultimately inspirational memoir of former kpmg ceo eugene o kelley completed in the three and a half months between his diagnosis with brain cancer and his death in september 2005 its haunting yet extraordinarily hopeful voice reminds us to embrace the fragile fleeting moments of our lives the brief time we have with our family our friends and even ourselves this paperback edition features a new foreword by his wife corinne o kelley and a readers group guide and questions voicing universal truths shared simply and clearly janet malin new york times words to live by kerry hannon usa today one of the most unexpected and touching books you re likely to read this year edward nawotka bloomberg news an honest thought provoking memoir o kelly has many lessons to teach us on how to live steve powers houston chronicle a well written and moving book theeconomist com

what happens when a hard charging businessman tries to rent a gym for his youth basketball camp he meets an elderly catholic nun who holds the keys to the perfect gym and a whole lot more in this beautifully crafted memoir bestselling author and business leader joe sweeney weaves a remarkable tale of friendship spirituality and even some of the mischief that characterizes the unlikely 32 year relationship he enjoyed with a modern day saint she had a way about her he said and it was unlike anything he had encountered as a lifelong catholic with honest questions about his faith spirituality and the meaning of life a light shines through us guides readers of all religious faiths and those claiming no faith on a journey of spiritual exploration and discovery offering new insights into the age old questions that have intrigued people for centuries why are there so many different religions how can i stay connected to a higher

power how can we grow old gracefully what happens when we die from his regular visits to the convent to joe and sister camille s long discussions on park benches or over special meals to a remarkable visit with a u s president sweeney weaves his inquisitiveness irreverence and humor into a compelling tapestry of inspiration and enlightenment

john keats remains one of the most familiar and beloved of english poets but has received surprisingly little critical attention in recent years this study is a fresh contribution to keats criticism and romantic scholarship positioning keats as a figure of philosophical interest who warrants renewed attention exploring keats s own romantic accounts of feeling and thinking this study draws a connection between poetry and the phenomenological branches of modern philosophy the study takes keats s poetic evocation of touching hands wandering feet beating hearts and breathing bodies as a descriptive elaboration of consciousness and a phenomenological account of experience the philosophical terms of analysis adopted here challenge the orthodoxies of keats scholarship traditionally characterised by the careful historicisation of a limited canon the philosophical framework of analysis enhances the readings put forward while keats s poems in turn serve to give fuller expression of those ideas themselves using keats as a particular case this book also demonstrates the ways in which theory and philosophy supplement literary scholarship

everything you need to know about heidegger s being and time in one volume being and time is one of the most important publications in phenomenology of the twentieth century which has had a direct influence on not only many different philosophers but also artists writers and film makers this book appeals to first time readers of heidegger and will be free of technical jargon readers will be taken through being and time section by section meaning it can be read alongside the main text quote

this publication represents over ten years of note taking involving backstories historical events and academic research once the notes exceeded 200 the idea of a daily question came to mind this is the third year for the navigate the chaos publication that contains 366 daily questions to consider 2020 is a leap year since self awareness forms the foundation for both personal growth and professional development these questions served as a daily reminder to think about a critical issue related to your growth as a person and as a professional before you start your day during lunch or prior to going to bed consider asking yourself the daily navigate the chaos question see if you can find a few minutes to reflect upon a specific trait habit or idea dedicating a few minutes each day can help you increase your self awareness as you look to grow personally and professionally

the title of this book is my middle name eugenia and all my creations and pain i have endured in my life and in my dreams i have daydreams and night dreams some good some bad some perplexed and some crazy the pain is about deaths of my family friends neighbors and people in the world i can say that my title is me because i feel i m a very confused and complicated person the title and eugenia s creation s pain

this volume presents two works by gabriel marcel the first tragic wisdom and beyond a collection of his later writings shows the impact of his encounter with the later writings of heidegger the second conversations between paul ricoeur and gabriel marcel is a series of six conversations between marcel and his most famous student

c h o i c e s model choosing love instead of fear is a self empowerment book which was 35 years in the making and based on extensive research that research distilled down to its essence demonstrates that stress is not as is often portrayed in popular culture the enemy data from two separate fields academia and industry while having opposing views on who is responsible for reducing felt stress both agree that the primary mitigator of harmful distress is locus of control loc internal loc locates the control within the individual whereas external loc locates the control from outside forces the consensus by academia and industry is the more loc is internal the less distress is felt chosen versus imposed stressors yield less harmful impacts from the distress this research becomes a powerful tool to help reduce distress by restoring control to the individual life can be so overwhelming that automatic knee jerk reactions are used to fend off a constant barrage of stressors the choices model provides a way to be proactive the more this is done consciously the greater the sense of wellbeing the book presents seven life areas which give purpose and meaning the areas include community health occupation investment creativity education and spirituality each is essential to a quality life the premise of this book is that an individual s perception of their own personal power increases with every small success and one area of success gives the individual confidence to believe in themselves enough to attempt challenges in the other domains there s a chapter for each of these seven equally important domains each area is defined along with the rationale and tools necessary for personal development community is important because we are social beings with needs for belonging letting someone know you care allows joy to spring through both your hearts no matter our physical or mental condition health matters to all of us our personal level of wellbeing sets the limits for what can be our personal best build strength and immunity when feeling well and be gentle with yourself when you re not occupation is important because we all have a need to be part of something bigger than ourselves a calling to make a difference and a

desire to leave a meaningful legacy this needn't be one's vocation it is literally what occupies our time and energy it may be an avocation or volunteer service work however we spend our time let our life's work lift our hearts and move us all into better days investment is not limited to finances this area is all about how we spend our resources besides money it includes our time energy and level of commitment let's be generous and give of ourselves without expecting anything in return in this way we all have the power to be superheroes creativity is important because it defines who we are we build a life we express who we are we make something that only we can imagine expressions from our hearts are never wasted when we bring something new into this world we give birth to something that will survive us education is something we do naturally and have done since we took our first breath lifelong learning helps us make our way in the world we know that reading to a child instills curiosity and ignites intelligence let's read to a child tonight and if that's not possible let's all continue reading to our inner child finally spirituality provides transcendence to see and feel beyond our limitations and provides love when facing the void namaste the light within me bows to the light within you let's spread this message and celebrate the sacred in each other

for those who yearn for some measure of control over death final acts offers insight and hope writing in a style free of technical jargon the contributors discuss documents that should be prepared health proxy do not resuscitate order living will power of attorney decision making over medical interventions life support hospice and palliative care aid in dying treatment location speaking for those who can no longer express their will and the roles played by religion custom family friends caretakers money the medical establishment and the government

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