Cancer Symptom Management

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introduction electronic systems can facilitate symptom monitoring and management the purpose of this study was to evaluate the effect of the cancer symptom management system symptom management improves your life smile which combined electronic symptom management and evidence based patient education for cancer symptom management methods a nonblinded randomized controlled trial was conducted cancer patients starting adjuvant or palliative chemotherapy ctx were randomized to control symptom monitoring experimental 1 exp 1 symptom monitoring report or experimental 2 exp 2 symptom monitoring report ons pep guided evidence based symptom management education groups in a 1 2 2 ratio n 249 additional benefit of symptom management education to continuous symptom monitoring was analyzed by comparing the exp 1 and exp 2 groups utilizing mann whitney u test and generalized estimating equations n 199 results fatigue and sleep disturbance changes were different between exp 1 and exp 2 groups among patients receiving adjuvant ctx p 042 and p 008 fatigue gradually decreased after a peak at the 1st ctx cycle in exp 2 whereas exp 1 experienced increasing fatigue until the 3rd ctx cycle a gradual decrease in sleep disturbance was observed in exp 2 after the 2nd ctx cycle whereas exp 1 experienced a steady increase in the symptom participants were willing to monitor symptoms using the cancer symptom management system evidence based symptom management education was considered as easy to understand and helpful conclusions the cancer symptom management system smile incorporating evidence based symptom management education effectively managed fatigue and sleep disturbance after adjuvant ctx

integrating electronic symptom management system and evidence based symptom management education is recommended to better manage fatigue and sleep disturbance among patients receiving adjuvant ctx

written in clear easy to understand language this resource can help you and your caregivers prevent or reduce the most common and troublesome effects of cancer and its treatment written by an experienced oncology nurse this handy guide arms you with knowledge to cope with the sometimes distressing symptoms that can affect your quality of life helping you take charge of your personal well being as you journey through treatment page 4 of cover

this highly regarded handbook provides clinicians with the information they need to treat their cancer patients effectively and compassionately this comprehensive guide to managing pain and other symptoms for people with cancer has helped tens of thousands of patients and families designed for busy practicing clinicians a physician s guide to pain and symptom management in cancer patients provides primary care physicians advanced practice nurses internists and oncologists with detailed information and advice for alleviating the stress and pain of patients and family members alike drawing on the work of experts who have developed revolutionary approaches to symptom management and palliative care as well as on the lessons learned from patients and their families during her thirty years as a teacher and clinician dr janet I abrahm shows how physicians and other caregivers can help patients and families heal emotionally even as the disease progresses the third edition includes updates to medications and clinical stories and features two new chapters working with patients families and sexuality intimacy and cancer new lessons from palliative care and hospice care can help patients their professional caregivers and their families support each other every step of the way

uses a systems based approach to for rapid access to symptoms commonly experienced during and after treatment written in an easy to read format for use in daily practice this evidence based resource delivers the most current comprehensive clinical guidelines for key pharmaceutical and supportive interventions with patients suffering from cancer the book is distinguished by its systems based approach which addresses from head to toe the symptoms commonly experienced by cancer patients during and after treatment each section of the book offers a comprehensive examination of common cancer symptoms along with clinical guidance on the

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most effective means of management sections cover general symptoms fatigue pain alopecia as well as those experienced in specific areas including gastrointestinal genitourinary pulmonary neurological cutaneous and psychosocial chapters within each section consistently address such salient issues as prevalence contributing factors assessment and management along with a supporting case study and review questions to reinforce information textboxes and callouts pinpoint critical information throughout ancillaries include an instructor s powerpoint slide deck key features delivers evidence based guidance for oncology specialists and for those who care for individuals with cancer in their general practice provides the most up to date information on key pharmaceutical and supportive interventions highlights critical information with textboxes and callouts includes a case study and review questions in each chapter to reinforce content presents information based on established and validated guidelines from nccn ons asco nci and others includes powerpoint slides for use by staff educators

doctors and nurses involved in the care of cancer patients need clear practical and up to date information and advice on the symptoms they encounter in this book robert twycross provides the framework of knowledge enabling the clinician to develop a scientific approach to managing symptoms the author draws on nearly a quarter of a century of personal clinical expertise in palliative care and his international experience to reflect current best practice symptom management in advanced cancer expands and develops the author s previous work and includes new material on psychological neurological and haematological symptoms and on emergencies in palliative care there is also an extended section on drug profiles book jacket title summary field provided by blackwell north america inc all rights reserved

many cancer patients experience a variety of distressing symptoms adversely affecting their functional status and quality of life qol subjective symptoms such as pain fatigue and depression are common among cancer patients with approximately 33 55 of cancer patients experiencing pain during the course of their illness previous literature commonly examined a single symptom and its effect on patients functional status and qol but patients often experience multiple symptoms simultaneously since individual symptoms are often associated with decreased qol the assumption that symptom clusters might have a greater effect on qol is logical the coexistence

of symptoms provides an insight into the importance of assessing clusters of symptoms rather than focusing on individual symptoms although the focus of single symptoms has advanced the understanding of those particular symptoms it may not be as helpful to health care professionals in guiding practice when patients present several concurrent symptoms it is important for clinicians to address and ultimately treat all concurrent symptoms symptom cluster research will help our understanding and treatment of multiple symptoms

cancer symptom management covers multiple symptoms inherent in the treatment of cancer each symptom is examined in terms of its cause pathophysiology assessment management evaluation of therapeutic approaches and patient self care new chapters hypersensitivity reactions to antineoplastic drugs extravasation ocular and otic complications symptoms when death is imminent designed to assist clinical oncology nurses in skillfully relieving and diminishing the cancer patient s symptoms this book provides essential information and the tools necessary to provide quality care to cancer patients

rapid changes in oncology neccessitate a comprehensive up to date reference for oncology nurses for seventeen years best selling cancer nursing principles and practice has filled this need supplying oncology nurses with cutting edge current information now in its sixth edition cancer nursing reflects the constantly shifting progress in the science of oncology as well as emerging new therapies new treatment modalities the latest results from clinical trials updates on new chemotherapeutic agents and targeted therapies and new perspectives on supportive care the updated and revised sixth edition includes new chapters on the following topics screening and detection for asymptomatic individuals hematopoietic growth factors complementary and alternative therapies distress symptoms cancer survivorship principles models history and issues of end of life and palliative care delivery of comfort care legal issues in cancer nursing publisher

this comprehensive multidisciplinary text addresses all aspects of head and neck cancer and represents a wide spectrum of specialists including surgical radiation and medical oncologists dentists pathologists radiologists and nurses the book focuses on a two part approach to treatment that maximizes the chance for a cure while maintaining a strong emphasis on quality of life this third edition s updated techniques section includes new radiation techniques such as imrt and igrt and new

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endoscopic and laser surgical techniques other highlights include a new chapter on reconstructive techniques significant updates to all site specific chapters updates on chemoprevention and molecular targeting and discussions of new imaging modalities such as fused pet ct a companion website will offer the fully searchable text with all images

janet I abrahm argues that all causes of suffering experienced by people with cancer be they physical psychological social or spiritual should be treated at all stages at diagnosis during curative therapy in the event that cancer recurs and during the final months in the second edition of this symptom oriented guide she provides primary care physicians advanced practice nurses internists and oncologists with detailed information and advice for alleviating the stress and pain of patients and family members alike the new edition includes the latest information on patient and family communication and counseling on medical surgical and complementary and alternative treatments for symptoms caused by cancer and cancer treatments and on caring for patients in the last days and their bereaved families updated case histories medication tables practice points and bibliographies provide clinicians with the information they need to treat their cancer patients effectively and compassionately

nearly one in three people will be diagnosed with cancer and many of these patients will suffer from related cancer pain cancer associated pain is widely feared by cancer patients but knowledge about the causes and management of cancer pain has increased dramatically in recent years and many new treatment options are available this comprehensive book discusses the unique characteristics of cancer pain including its pathophysiology clinical assessment diagnosis pharmacological management and nonpharmacological treatment the internationally recognized authors are leaders in cancer pain research and they apply their first hand knowledge in summarizing the principal issues in the clinical management of cancer pain this state of the art book cohesively addresses the full range of disciplines regularly involved in cancer pain management including pharmacology communication studies and psychology cancer pain is a scholarly but accessible text that will be an essential resource for physicians nurses and medical students who treat patients suffering from cancer pain

despite the progress being made in cancer symptom management many patients with cancer still experience distress in their symptom experience whether from the disease or its treatment symptoms such as pain nausea and mucositis often in combination with other symptoms pose ongoing challenges to clinicians managing symptoms is essential to enhance patients quality of life and clinicians must stay up to date on effective evidence based interventions this new edition of a guide to oncology symptom management provides revised and updated content on the management of common symptoms experienced by patients with cancer chapters detail incidence and prevalence of disease and treatment related symptoms describe the pathophysiology related to the topic and provide appropriate evidence based assessment and treatment strategies new chapters examine symptom management at the end of life symptom distress and caregiver burden featuring case studies and extensive tables and figures to illustrate key points this accessible yet comprehensive text is an essential resource for oncology nurses and other cancer care clinicians book jacket

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