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jim taylor explores how to harness the four forces that can control our life inertia and propel our lives in the direction of our own choosing values self esteem ownership and emotions many people think of inertia as an object at rest will stay at rest unless a force is exerted on it like a boulder in a field and people can think of their lives in the same way static and unmoving but we aren t stuck in one place as so many express when they are dissatisfied with their lives rather our lives are moving swiftly and

inexorably along a path driven by powerful forces both past and present that is highly resistant to a change in direction as a result small forces such as a modest insight or a brief aha moment aren't enough to catalyze significant change in how we think what we feel or how we act on or react to our world in fact meaningful change can only occur when forces are applied that are greater than the forces that are already propelling our lives seeing our lives from this dynamic perspective is the foundation for understanding what it takes to bring meaningful and long lasting positive change to our lives jim taylor explores the four forces values self esteem ownership and emotions that propel our life inertia which shows itself through the lens with which we view the world the emotional reactions we have the actions that we take and the relationships that we create he then explains how to harness those to our own benefit so that we may steer our lives in the direction of our own choosing rather than allowing our past inertia or outside forces to dictate the direction our lives take by letting our values guide us building our self esteem taking ownership of our decisions and actions and using our emotions as positive fuel we can break free from our past inertia take control of our lives and chart a future of meaning happiness success and connection with confidence commitment and courage

because life is too short not to love it if someone watched how you spend your days would they be able to tell what your passions and priorities are sadly sometimes we allow the trivial activities of life to crowd out what is truly important offering a road map back to a life of purpose and passion bestselling authors karen ehman and ruth schwenk help you unlock a vibrant life uniquely suited to your personality season of life and schedule limitations packed with encouragement biblical advice real world help and personal discovery this 40 day journey includes interactive workbook components to help you discern and pursue your passions and priorities craft a personalized action plan deeply rooted in scripture manage the tension between your relationships and your responsibilities cultivate a life giving routine of rest and productivity impact others for eternity through your life and gifts when you focus on what matters most you can live with confidence and joy

contains text of sermons delivered by m j savage and others in new york city

a brief history of time for the 21st century at the heart of our galaxy lies a monster so deadly not even light can escape its grasp its secrets lie waiting to be discovered it is time to explore our universe's most mysterious inhabitants black holes

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