

## Bold Spirit Helga Estbys Forgotten Walk Across

Bold Spirit Bold Spirit Bold Spirit: Helga Estby's Forgotten Walk Across Victorian America Mercy and Madness Minnesota Moxie: True Tales of Courage, Muscle & Grit in the Land of Ten Thousand Lakes Bold Spirit Nevada Historical Society Quarterly Kliatt Young Adult Paperback Book Guide Newsletter - The Norwegian-American Historical Association Pacific Northwest Quarterly Bibliographic Index Journal of the West Western American Literature Quarterly of the Oregon Historical Society Jeff Herman's Guide to Book Publishers, Editors and Literary Agents 2006 Annals of Iowa Staking Her Claim Selected New Books Northwest Review Program Linda Lawrence Hunt Linda Hunt Linda Lawrence Hunt Beverly Lionberger Hodgins Ben Welter Linda Hunt Nevada Historical Society Norwegian-American Historical Association Lorrin L. Morrison Oregon Historical Society Jeff Herman Marcia Meredith Hensley New Jersey State Library Organization of American Historians. Meeting

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in 1896 a norwegian immigrant and mother of eight children named helga estby was behind on taxes and the mortgage when she learned that a mysterious sponsor would pay 10 000 to a woman who walked across america

hoping to win the wager and save her family's farm helga and her teenaged daughter clara armed with little more than a compass red pepper spray a revolver and clara's curling iron set out on foot from eastern washington their route would pass through 14 states but they were not allowed to carry more than five dollars each as they visited indian reservations western boomtowns remote ranches and local civic leaders they confronted snowstorms hunger thieves and mountain lions with equal aplomb their treacherous and inspirational journey to new york challenged contemporary notions of femininity and captured the public imagination but their trip had such devastating consequences that the estby women's achievement was blanketed in silence until nearly a century later linda lawrence hunt encountered their extraordinary story

helga estby left spokane washington and walked to nyc on a 10 000 challenge this remarkable story of hardship and suffering was long lost and only recently discovered by the author on christmas eve 1896 the new york world reported her arrival what followed was an american tragedy

spokane washington's first female physician mary archard latham moved to the community with her three sons leaving her husband behind in ohio in 1888 she sought a better climate for her health and worked tirelessly for the health of all of spokane's citizens but particularly women and children and especially the poor she helped found the spokane humane society and the spokane public library and she was beloved and respected in the community then in 1903 one of her sons died and she seemingly became unhinged she would be seen wandering the streets wailing and inconsolable and her behavior became extremely erratic in 1905 she was accused arrested and convicted of arson then sentenced to four years of hard labor in the state penitentiary she escaped into the forests of idaho where she hid from a massive manhunt for a week before being captured and sent to prison in walla walla she eventually returned to spokane a broken yet determined woman and died in 1917 despite the tragic and violent events that characterized her later years today dr mary a latham is honored in spokane for the good she did in the first part of her life mercy and madness captures the captivating outrageous and sometimes sorrowful life of dr mary archard latham in her own words

minnesotans are a tough lot capable of pulling a house six miles by muscle alone or giving birth to a sixteen pound

boy in 1921 young phoebe fairgrave set a parachute world record stepping off the wing of a biplane 15 200 feet above the twin cities in 1962 the last powerhouse gophers football team brought home the rose bowl trophy a year later thirteen year old jean webb of minneapolis risked arrest and refused to leave a segregated restaurant in 1979 gerry spiess crossed the atlantic alone in a 10 foot sailboat he built in his white bear lake garage these inspiring stories and dozens more culled from the star tribune newspaper archives are presented in their original form by author ben welter along with in depth background fresh interviews and more than seventy five historic photos

now updated for 2008 this annual edition of the classic bestselling directory provides everything working writers need to find the most receptive publishers editors and agents for their work

instead of talking about women s rights these frontier women grabbed the opportunity to become landowners by homesteading in the still wild west of the early 1900s here they tell their stories in their own words through letters and articles of the time of adventure independence foolhardiness failure and freedom book jacket

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