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Maxine Papadakis John Murtagh John Murtagh David G. Gardner DAWSON AND BOUR Christopher Black Elizabeth Pantley Sewon Kang Wendy Morton Sanjaya Senanayake Elizabeth Pantley John Murtagh John Murtagh Dennis L. Kasper David Harris

this gripping psychological maze is perfect for fans of ruth rendell and p d james pip carlton is a devoted husband and a highly respected pharmacist cherished by his loyal customers when his wife dies in her sleep with no apparent cause he is distraught comforted by his caring assistant pip ignores the rumors about margaret s death relieved that the police seem to have moved on but prosecutor helen west refuses to believe that margaret simply slipped into her final slumber as she probes deeper into the affairs of the neighborhood she uncovers a viper s nest of twisted passion jealous rage and lethal addictions then a sudden act of violence erupts shaking the community and one lone man armed with strange love potions prepares to murder again

before the sweet delight of chocolat before the heady concoction that is blackberry wine and before the tart pleasures of five quarters of the orange bestselling author joanne harris wrote sleep pale sister a gothic tourde force that recalls the powerfully dark sensibility of her novel holy fools originally published in 1994 and never before available in the united states sleep pale sister is a hypnotically atmospheric story set in nineteenth century london when puritanical artist henry chester sees delicate child beauty effie he makes her his favorite model and before long his bride but henry volatile and repressed is in love with an ideal passive docile and asexual the woman he projects onto effie is far from the woman she really is and when effie begins to discover the murderous depths of henry s hypocrisy her latent passion will rise to the surface sleep pale sister combines the ethereal beauty of a pre raphaelite painting with a chilling high gothic tale and is a testament to harris s brimming cornucopia of talents this p s edition features an extra 16 pages of insights into the book including author interviews recommended reading and more

a proven program to enhance your health help you look younger feel restored and experience a new kind of energy sluggishness boredom lack of concentration too many of us pour another cup of coffee and accept fatigue as the inevitable side effect of hectic lives dr matthew edlund shows us there is a better way and it s not just sleeping more this groundbreaking program will rewire your body improving your productivity creativity and sense of well being experience the extraordinary benefits including dramatically decreased stress and increased energy of the four types of rest physical from deep breathing to the unnap learn how to vanquish stress in seconds mental practice key strategies of relaxed concentration and marvel at how much more you can accomplish social see how even walking to lunch with a

coworker creates a new sense of security and support spiritual experience a connection to something greater than the self the key to internal balance the power of rest introduces one powerful technique each day many of which can be accomplished in a minute or less rediscover the feeling of being truly alert and engaged with your body your work and the people you love

to deliver the best care to your patients turn to the 1 annually updated guide in internal medicine and clinical practice the 2015 edition is packed with important new information for more than 70 years professors students and clinicians have trusted lange for high quality current concise medical information in a convenient affordable portable format whether for coursework clerkships usmle prep specialty board review or patient care there s a lange book that guarantees success new to this edition latest 2014 american heart association american college of cardiology guidelines for anticoagulation in atrial fibrillation and indications for interventions in valvular heart disease update on the epidemic of opioid based prescription drug abuse misuse and overdose and new section on opioids for chronic noncancer pain revised treatment options for helicobacter pylori and chronic hepatitis c latest hypertension information from 2013 uk national institute of health and clinical excellence and us joint national committee jnc8 reports discussion of which patients benefit from statins and indications for high vs moderate intensity statins based on 2014 aha acc guidelines scoring tools for assessing the severity of acute pancreatitis revised psychiatric diagnoses in accordance with the diagnostic statistical manual s 5th edition no other text links practice and research like current medical diagnosis treatment written by clinicians renowned in their fields this trusted annual text offers the most current insight into symptoms signs epidemiology diagnosis prevention and treatment for more than 1 000 diseases and disorders you ll find concise evidence based answers to questions about both hospital and ambulatory problems the streamlined format of each section in this clinical companion is the fastest easiest way to keep abreast of the latest diagnostic advances prevention strategies and cost effective treatments here s why cmdt is essential to your clinical practice strong emphasis on the practical aspects of clinical diagnosis and patient management throughout the broad fields of internal medicine full review of other relevant primary care topics including obstetrics gynecology dermatology neurology urology ophthalmology orthopedics geriatrics women s health and palliative care hundreds of medication treatment tables with indexed trade names and updated prices many helpful diagnostic and treatment algorithms only text with an annual review of advances in hiv treatment recent references with pmid numbers for easy online access many full color photographs and illustrations

first published in 1992 and now in its seventh edition murtagh s patient education is the proven international standard for patient education material this tried and

tested resource provides gps general practice nurses registrars and pharmacists with accurate accessible information to distribute to patients written in simple non technical language information on each condition is presented in a concise friendly single page format so it can be easily photocopied or printed and distributed to patients to help them understand and manage their medical condition among the 22 new topics in this latest edition are the australian national immunisation program schedule ovarian cancer dengue fever advanced care planning most of the existing sheets have been revised including major updates to women s health topics such as cystitis dysmenorrhoea and endometriosis and comprehensive coverage of cervical cancer screening replaces pap test from the previous edition a reorganisation of content has also created a mental health section about the author john murtagh is emeritus professor in general practice at monash university melbourne adjunct clinical professor at the graduate school of medicine university of notre dame fremantle western australia and guest professor peking university health science centre beijing china

first published in 1992 and now in its eighth edition murtagh s patient education is the proven international standard for patient education material this tried and tested resource provides general practitioners general practice nurses registrars and pharmacists with accurate and accessible information to distribute to patients written in simple non technical language the information on each condition is presented in a concise friendly single page format so it can be easily photocopied or printed and distributed to patients to help them understand and manage their medical condition among the 19 new topics in this edition are the infections listeria toxoplasmosis and zika virus the genetic disorders cystic fibrosis and spinal muscular atrophy sma body mass index and a bmi ready reckoner most of the existing sheets have been revised including major updates to women s health topics such as domestic violence the combined pill endometriosis cervical cancer screening and hpv there is also an expanded mental health section which now includes information about drugs of addiction fertility awareness and family planning

the renowned one stop guide to the entire field of clinical endocrinology and its scientific underpinnings now in full color 270 full color photographs and illustrations a doody s core title for 2011 4 star doody s review this is an excellent overview of the basic physiology and clinical aspects of endocrinology for trainees the size of the book and the well written text supported by visual aids make this a convenient book to read and develop a beginning foundation in endocrinology doody s review service greenspan s basic clinical endocrinology 9e delivers a succinct leading edge overview of the underlying molecular biology of the endocrine system and the latest perspectives on the diagnosis and treatment of specific diseases and disorders featuring an enhanced design that includes hundreds of full color illustrations and

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this exciting new text has been specifically developed for the disability specialisation of the new chc33021 certificate iii in individual support as the only text on the market written at this level for students seeking careers in the disability sector it brings clarity and relevance for this increasingly important area of work the text has been written to address the nine core individual support units of competency the three disability specialisation units plus six commonly delivered electives as a teaching and training resource it is current and relevant to industry standards and practice the resource is also accompanied by a comprehensive suite of instructor resources including worksheets powerpoints teacher resource manual trm and mapping the design of the questions in the text answers provided in the trm and worksheets offer a wide range of tools that may be incorporated into formal assessments key features chapters mapped to units of competency helps to meet auditing requirements more easily comprehensive coverage of 9 core units three disability specialisation units and 6 common electives mini case studies scattered throughout each chapter that apply the content in an imagined real world scenario additional class activities three per chapter included online online worksheets provide further practice for students of what they have learned and can be used in the development of formal assessments instructor resources teacher resource manual trm competency mapping guide and solutions manual powerpoints for every chapter

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own study schedules answer keys provide full explanations that identify common errors

guaranteed to help parents reclaim sweet dreams for their entire family new from the bestselling author of the classic baby sleep guide getting babies to sleep through the night is one thing getting willful toddlers and energetic preschoolers to sleep is another problem altogether written to help sleep deprived parents of children ages one to five the no cry sleep solution for toddlers and preschoolers offers loving solutions to help this active age group get the rest they and their parents so desperately need a follow up to elizabeth pantley s megahit the no cry sleep solution this breakthrough guide is written in pantley s trademark gentle child centered style parents will discover a wellspring of positive approaches to help their children get to bed stay in bed and sleep all night without having to resort to punishments or other negative and ineffective measures the no cry sleep solution for toddlers and preschoolers tackles many common nighttime obstacles including refusals to go to bed night waking and early rising reluctance to move out of the crib and into a big kid bed nighttime visits to the parents bed naptime problems nightmares night terrors and fears special sleep issues of twins special needs children and adopted children sleepwalking sleep talking snoring and tooth grinding

the gold standard text in dermatology completely updated for today s practice by an all new editorial board encyclopedic in scope yet skillfully edited to make it easy to read and understand this trusted classic delivers everything clinicians need to know about skin skin symptoms and skin diseases presented in full color fitzpatrick s covers all the essentials from the basic science of skin to the day to day clinical issues of managing common skin disorders such as acne skin cancer and psoriasis backed by the expertise of more than 500 world renowned contributors and the reference of choice for clinicians students and educators fitzpatrick s is enhanced by thousands of full color photographs and a wealth of newly enhanced tables and diagrams the ninth edition is bolstered by a new global editorial team a reorganized table of contents a more simple readable and direct writing style the incorporation of more genetic syndromic and treatment information into each chapter the addition of first second and third line treatment options and improved table presentation the reorganized table of contents reflects how disease presents rather than its cause

this exciting new text has been specifically developed for ageing specialization of the new chc33021 certificate iii in individual support it is the only text on the market written at this level for students seeking careers in the aged care sector bringing clarity and relevance for this increasingly important area of work written with

the learner in mind pedagogical elements such as industry in focus boxes and workplace scenarios are spaced regularly through the chapters to allow the student to see how the material is relevant in the aged care sector and workplace review questions within the body and at the end of each chapter highlight a simple learning framework that has been proved to work current and relevant to industry standards and practice the text has been written to address the core individual support units of competency the three ageing specialization units plus seven commonly delivered electives accompanied by a comprehensive suite of instructor resources including worksheets powerpoints teacher resource manual and mapping the design of the questions in the text answers provided in the trm and worksheets offer a wide range of tools that may be incorporated into formal assessments

clinical cases in general medicine 3e formerly known as pocket guide to internship common clinical cases is the latest addition to the clinical cases collection this edition has over 40 cases showcasing a comprehensive range of common scenarios encountered in emergency departments and hospital wards features all cases have been revised and updated cases are presented as they would occur in the clinical setting and follow a step by step process of diagnosis and management problem based learning scenarios encourage junior doctors to use the skills that they will need in daily practice what s new seven new case studies including hypothyroidism urinary tract symptoms and hypotension multiple choice self assessment questions for clinical cases in general medicine 3e are now available in an app for both smart phones and tablets from the apple app store and google play

elizabeth pantley spins her baby magic she towers above her competitors by showing us what babies really need and how best to give it to them james j mckenna phd director mother baby behavioral sleep laboratory university of notre dame you have a newborn so sleep is impossible right wrong in the womb babies sleep up to twenty hours per day clearly newborns don t need to be trained how to sleep they know how and they ve had plenty of practice so why do most parents have trouble getting their newborns to sleep elizabeth pantley a world renowned expert on children s sleep created this guide to explain the ways we unintentionally prevent an infant s natural sleep to occur and to teach us the simple but powerful ways to maximize our newborn s naps and nighttime sleep once you ve learned the 15 keys to amazing newborn sleep you ll easily make adjustments to how you treat your baby s sleep you don t have to keep logs nor follow schedules or rules just by being aware of this information you will do things to improve sleep that you wouldn t have known to do otherwise with the no cry sleep solution for newborns you will learn the things that trick us into disrupting a baby s sleep how to identify the perfect moment for a nap ways to create a sleep inducing environment tips to reduce the

number of night wakings how to set the stage for great sleep throughout babyhood the no cry sleep solution for newborns was field tested by 122 test families with newborns their input refined the ideas to make them easy to understand and follow by even the most sleep deprived parent when you apply these keys you can help your baby sleep well and peacefully and guess what when your baby sleeps you will too

murtagh s practice tips is the trusted resource that provides tips for gps and other medical practitioners drawn from john murtagh s extensive experience in practice it is the essential guide for tried and tested approaches to treatment and improvisation methods using convenient tools and readily available equipment to treat patients as effectively as possible for this eighth edition professor murtagh is joined by dr justin coleman who wrote the gp tips handy hints column in medical observer for 13 years content throughout this new edition has been updated providing essential information more than 450 detailed illustrations and step by step instructions on how to deal with conditions encountered by gps around the world in everyday practice new and updated content includes accessible technology tips excisions the phone as a medical tool injections and topical anaesthesia cryotherapy therapeutic venesection written with the busy practitioner in mind this latest edition describes techniques using common terminology to suit practitioners at all levels of experience

publisher s note there is a new edition of harrison s principles of internal medicine the 21st edition contains the most timely and comprehensive updates from the world s top experts master modern medicine introducing the landmark twentieth edition of the global icon of internal medicine the definitive guide to internal medicine is more essential than ever with the latest in disease mechanisms updated clinical trial results and recommended guidelines state of the art radiographic images therapeutic approaches and specific treatments hundreds of demonstrative full color drawings and practical clinical decision trees and algorithms recognized by healthcare professionals worldwide as the leading authority on applied pathophysiology and clinical medicine harrison s principles of internal medicine gives you the informational foundation you need to provide the best patient care possible essential for practice and education the landmark 20th edition features thoroughly revised content covering the many new breakthroughs and advances in clinical medicine that have occurred since the last edition of harrison s chapters on acute and chronic hepatitis management of diabetes immune based therapies in cancer multiple sclerosis cardiovascular disease hiv and many more deliver the very latest information on disease mechanisms diagnostic options and the specific treatment guidance you need to provide optimal patient care state of the art coverage of disease mechanisms harrison s focuses on pathophysiology with rigor and with the goal of linking disease mechanisms to treatments improved understanding of how

diseases develop and progress not only promotes better decision making and higher value care but also makes for fascinating reading and improved retention harrison's summarizes important new basic science developments such as the role of mitochondria in programmed and necrotic cell death the immune system's role in cancer development and treatment the impact of telomere shortening in the aging and disease processes and the role of the microbiome in health and disease understanding the role of inflammation in cardiovascular disease the precise mechanisms of immune deficiency in hiv aids prions and misfolded proteins in neurodegenerative diseases and obesity as a predisposition to diabetes are just a few examples of how this edition provides essential pathophysiology information for health professionals all new sections covering a wide range of new and emerging areas of vital interest to all healthcare professionals new sections include sex and gender based issues in medicine obesity diabetes mellitus and metabolic syndrome and consultative medicine plus a new part covering cutting edge topics in research and clinical medicine includes great new chapters on the role of epigenetics in health and disease behavioral strategies to improve health genomics and infectious diseases emerging neuro therapeutic technologies and telomere function in health and disease and network system medicine important and timely new chapters such as promoting good health lgbt health systems of healthcare approach to medical consultation pharmacogenomics antimicrobial resistance worldwide changes in patterns of infectious diseases neuromyelitis optica and more offer the very latest definitive perspectives on must know topics in medical education and practice updated clinical guidelines expert opinions and treatment approaches from world renowned editors and authors contribute to the accuracy and immediacy of the text material and pres

updated and revised throughout this second edition of pocket guide to clinical dialysis contains the latest information on the clinical care and management of chronic kidney disease through dialysis treatment it is an ideal quick reference guide for medical students resident medical officers junior advanced trainees in nephrology nurses and paramedical staff providing practical and essential information about haemodialysis its physiology and equipment used chronic peritoneal dialysis and acute dialysis the book has been written by doctors nurses pharmacists and dietitians of the western sydney renal service and their colleagues in other australian renal units features practical easy to read information management protocols currently employed in local hospitals providing step by step guidelines for patient care useful references

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