

Becoming A Helper Corey And Corey

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ideal for anyone embarking on or considering a career in the helping professions becoming a helper international edition provides an overview of the stages of the helping process while teaching students the skills and knowledge they need to become successful helping professionals drawing on their years of experience corey and corey focus on the struggles anxieties and uncertainties students often encounter on the road to becoming effective helpers in addition the text emphasizes self reflection on a number of professional issues and challenges readers to examine their motives for choosing a helping career finally the authors help students decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they ll face in the helping professions

focusing on the struggles anxieties and uncertainties involved in becoming an effective helper this book challenges readers to take a candid look at the demands and strains theyll face in the helping professions and their motives for choosing a helping career encouraging active involvement on the part of the reader the coreys offer practical strategies for coping with the stresses associated with helping as well as an overview of the stages of the helping process sources of professional burnout and ways to avoid it the influence of personal values on the helping process selecting field placements and internships and the intricacies of ethical decision making are other key topics in this personal highly interactive book

filled with examples case studies and exercises this practical resource is designed to help readers become familiar with the full range of interviewing assessment and intervention skills essential to practitioners reflecting many of the changes taking place in the training and delivery of counselling and psychological services in the 90s this revision of the cormiers best seller now includes increased emphasis on multicultural issues and diversity coverage of the transition to managed mental health care through various hmos increased coverage that reflects the trend toward holistic treatment and health care services a chapter on knowing yourself as a counselor that guides readers toward self awareness and coverage of client process and outcome evaluation skills necessary for mastering today s treatment planning guidelines

this highly successful book has been called the most comprehensive book on the market providing readers with needed career theory as well as practical techniques and examples through the author s clear writing style case examples tables and exercises readers develop a solid understanding of the theoretical models of career counseling and are thoroughly exposed to the practical information on how to effectively counsel clients about career issues

this successful book continues to offer readers a practical introduction to human relations counseling the text reflects recent changes in managed health care okun s blend of hands on exercises examples and just the right amount of theory readers will learn to master the practical skills of interviewing and relationship building to help them become compassionate helpers

the newly revised edition of this well known evidence based text presents new ways of thinking about and addressing problems related to chemical dependency treatment and prevention essentials of chemical dependency counseling third edition explores the full range of issues that face today s counselors and counselors in training also included are practical suggestions for career success the revised edition now offers two new chapters on counseling those who are reluctant to recover and harm

reduction up to date material on legal and ethical issues family counseling and diversity a new assessment instrument for client characterization coverage of technical assistance publication 21 the new national standards for training chemical dependency counselors a new appendix containing useful chemical dependency related sites and updated frequently asked questions and answers about clients and the counseling field the use of chapter objectives and discussion questions and the availability of an instructor s manual make this an ideal textbook for use in chemical dependency counseling courses in programs of psychology family therapy and social work

an undergraduate textbook for students entering human service professions describes the traditional systems for dealing with problem behavior but focuses primarily on newer approaches and concepts such as integrated services the importance of environment and social institutions rapid problem sol

becoming an addictions counselor a comprehensive text is the only addictions counseling text to address knowledge skills and attitudes an experiential learning approach is encouraged with structured activities and exercises and its devotion to significant coverage of ethics treatment planning and case management the text also covers mentally ill chemical abusers individual group and family counseling skills and clinical treatment issues

sexuality education prepares both students planning to become sexuality educators and administrators and seasoned teachers seeking current information and successful methods for teaching elementary secondary and college students about sexuality with confidence the authors strike a balance between content information and instructional strategies applications that help students assess their own attitudes and knowledge of the topic emphasizing that sex education is an integral part of a comprehensive health education program the text is ideal for helping students from a variety of backgrounds teach sexuality to learners of all ages

this book is intended to help the caring professions understand human behaviour in its social context enabling them to make more effective decisions in real life situations a cross disciplinary approach is taken

contains over one thousand alphabetically arranged articles that present information about topics related to psychology from a christian point of view covering the areas of personality psychopathology psychotherapy and other treatment approaches major systems and theories of psychology and the psychology of religion

this practical and personal guide was written for social work students and aims to alert them to the real world issues of agency settings helping them make the most of their agency experience the authors introduce students to the most salient issues in the field and facilitate the process of professional skill building and introspection that is necessary in becoming an effective helper case examples and exercises support and guide students through a variety of settings client populations and ethical and legal issues

for more than a decade david e hutchins and claire cole vaught have been helping readers understand themselves and others understand the helping process develop basic skills and implement strategies for client change these experienced authors will aid you in developing an awareness of the cross cultural aspects of helping as they encourage you to discover the importance of evaluation and to be accountable for changes that occur in the helping relationship this thorough revision offers a tfa thinking feeling acting model updated with new research and examples that you can use to integrate diverse techniques in practice and apply to practical problems such as domestic violence and interpersonal social skills brief and solution focused approaches to the helping relationship new a comprehensive five point diversity model that will lead you to examine personal aspects of diversity as you interact with others new a behavior checklist self assessment questions role plays and case vignettes and a personal change project that guides you in looking at yourself understanding how change happens and learning how the process of change is important in a helping relationship

building upon the success of the first edition of this landmark publication this second edition has been completely revised to reflect changes in ideas and practice

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