

Alaska Wild Berry Guide And Cookbook

The Alaska Wild Berry CookbookThe Alaska Wild Berry CookbookAlaska Wild Berry Guide and CookbookNorth American
CornucopiaThe Standard Guide to St. Augustine and Fort MarionThe Standard Guide to St. AugustineFarmers' GuideThe Alaska
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whether you are the family berry picker grocery store shopper or cook here are the best time tested recipes for cooking with the more abundant and popular species of wild berries indigenous to alaska it s all here from currants to watermelon berries from milkshakes to mincemeat included are recipes for breads salads main courses desserts preserves candies syrups trail food and even some beverages like juices milkshakes and punches many of the recipes are in the dessert category but you will be surprised aw many other ways there are to use wild berries lowbush cranberries are particularly good in certain meat dishes and are useful as a marinade for meat wild berries are fine for jam and jelly making not to mention drying and freezing cultivated species may be substituted for wild berries in these recipes but one must remember that they are often less tart than their wild relatives and adjustments in sugar added may be necessary

with nearly 50 species of berries that grow wild in alaska this collection takes the more abundant and popular species and shares 200 tried and true berry recipes that have been alaskan favorites for decades in this newly updated edition of the alaska wild berry cookbook brightened with a fresh design and re edited and modernized with an all new foreword and glossary you ll find a range of berry recipes that go far beyond the usual limited sampling mouth watering recipes include classic desserts such as blueberry lemon pie and strawberry mousse to more unique ones such as salmonberry cake but there are also sections for berry made breads salads meat dishes and marinades preserves candies mincemeats and even beverages also included are easy substitutions for berry lovers everywhere foragers and grocery store shoppers alike to customize and enjoy the dishes wherever they may live from lowbush cranberry marmalade to raspberry cake to crowberry syrup this classic berry cookbook covers it all

a field guide cookbook it s a unique combination and the perfect way to bring back all the facts about nearly 50 berries indigenous to alaska whether you are the family backpacker berry picker or chef here s one book as complete and as simple as the title says where to find the berries what they are how to recognize them the best recipes for cooking them and advice on how to recognize and avoid those that are poisonous here s a book that has it all from currants to watermelon berries from milkshakes to mincemeat from back cover

many north american plants have characteristics that are especially promising as candidates for expanding our food supply and generating new economically competitive crops this book is an informative analysis of the top 100 indigenous food plants of north america focusing on those species that have achieved commercial success or have substantial market potential the book s user friendly format provides concise information on each plant it examines the geography and ecology history economic and social importance food and industrial uses and the economic future of each crop

extensively revised edition first 1980 includes all 443 species of birds found in alaska with new full color photos of all regularly occurring species contains a map of alaska s six biogeographic regions is organized by bird families and details birds field marks status distribution behavior similar species voice and habitat

a classic collection of alaskan recipes by the editors and friends of alaska magazine

this inspirational book will encourage gardeners to grow and use a wider variety of edible plants an informative and comprehensive guide to growing and using more than 300 species of fruit and nuts it is suitable for home gardeners horticulture professionals orchardists and nutritionists

edible wild plants mushrooms fruits and nuts grow along roadsides amid country fields and in urban parks all manner of leafy greens mushrooms and herbs that command hefty prices at the market are bountiful outdoors and free for the taking but to enjoy them one must know when to harvest and how to recognize prepare and eat them the complete guide to edible wild plants mushrooms fruits and nuts provides everything one needs to know about the most commonly found wild foods going beyond a field guide s basic description to provide folklore and mouth watering recipes for each entry such as wild asparagus pizza fiddlehead soup blackberry mousse and elderberry pie this fully illustrated guide is the perfect companion for hikers campers and anyone who enjoys eating the good food of the earth with it in hand nature lovers will never take another hike without casting their eyes about with dinner in mind

this invaluable guide to the finest of mail order foods includes serving tips company information and much more plus over 150 recipes

for specific meals in which every component arrives by mail illus

this handy guide covers all aspects of growing vegetables from soil preparation to harvesting

learn to identify wild berries and fruits with this handy field guide organized by color get the popular field guide by expert author teresa marrone and get started on your way to becoming a forager teresa has been gathering and preparing wild edibles for more than 20 years and she shares her foraging experience with you use this book with confidence as you learn about nearly 200 species found in minnesota wisconsin and michigan the species are organized by color and then by form so when you see a red berry go to the red section to learn what it is book features species organized by color then by form full page photos and insets showing each plant s key identification points interesting tidbits about the plants many uses range maps ripening calendar and more nearly 200 wild berries and fruits in minnesota wisconsin and michigan learn what s edible and what to avoid with this easy to use field guide fact filled information contains the particulars that you want to know while full page photographs provide the visual detail needed for accurate identification

growing fruit at home can be an enjoyable activity that provides nutritious food for your family this publication describes how to choose the best varieties select sites prepare soil plant prune and train shrubs and trees and deal with diseases and pests

illustrated with maps and photos and sprinkled with the off the wall humor of anchorage s favorite comedian known as mr whitekeys this edition offers the latest statistics updated sites and a year s worth of noteworthy news from the last frontier

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